

Indiana Team Nutrition Grantees

Celebrating National School Lunch Week (NSLW)

St. Lawrence Catholic School (Indianapolis, IN)

St. Lawrence highlighted both NSLW and Hispanic Heritage Month by celebrating with a Latino inspired menu, decorations, and a trivia game. During lunch, a table display highlighted foods and spices commonly used in Latino cuisine such as beans, rice, cumin, & achiote pepper. The students were curious about the different foods and how they were featured in the lunch they were eating.

Recipes Served:

- Ecuadorian Chicken Stew with Brown Rice
- Roasted Sweet Potatoes with Rosemary & Onion
- Cornbread



Pictured Above: The food service director identifies foods and spices used in Latino cuisine to students.



Pictured Above: At one station, elementary students learned from high school biology students that the water in all fruits and vegetables makes them good conductors of electricity.

Bluffton-Harrison Elementary (Bluffton, IN)

Focusing on fruits and vegetables, Bluffton-Harrison Elementary celebrated NSLW all 5 days. Over the course of the week, students in every grade visited ten different stations set up in the cafeteria.

Recipes Served:

- Honey Roasted Carrots
- Maple Roasted Butternut Squash
- Roasted Broccoli with Lemon



Franklin Community Middle School (Franklin, IN)

All serving lines for 7 & 8th grades offered daily samplings. Roasted Edamame (the favorite) will be added to the menu!

Recipes Served:

- Honey Roasted Carrots with Pumpkin Seeds
- Shaved Brussels Sprout Salad
- Roasted Edamame
- Buffalo Cauliflower Bites
- Chili Roasted Sweet Potatoes



Crawford County School District (Marengo, IN)

All kitchen staff wore Recipes for Success t-shirts and a coloring contest was held at each elementary using the NSLW Coloring Pages. Each class had one prize awarded that included a NSLW cup, bookmark, and Smart Snack.

Staff decorated the cafeterias with Team Nutrition posters and distributed samples of the whole wheat pumpkin bars to all elementary students. This was the school district's first year celebrating NSLW which they plan to expand next year.

Recipe Served:

- Pumpkin Bars-Whole Wheat

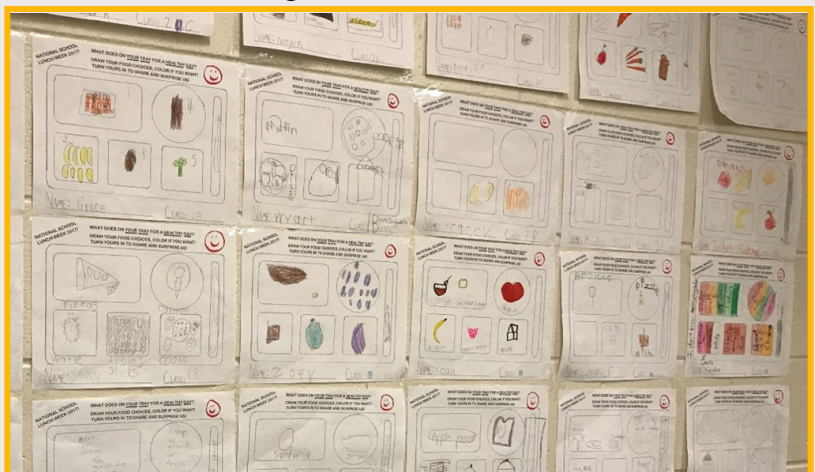
West Central Elementary (Francesville, IN)

At the elementary, students made their own pizzas using a whole grain crust and assorted toppings. They compared their creation with a "store-bought" version and voted hands-down for their own.

One student commented that their version came with more choices, was fresh tasting, and was attractive on the tray.

Recipe Served:

- New Pizza Lunch-able



Pictured Above: Students drew pictures of their trays and these were displayed in the café.

Western Wayne Middle School & High School (Cambridge City, IN)

Middle and High School students tasted fruit and vegetable smoothies and sampled a variety of salads. Participation from Middle School students was the highest and they voiced surprise that a smoothie made with ½ cup red veggies could taste so good. The FSD reported some students have switched from drinking soda to smoothies while waiting for the bus ride home.

In addition to smoothies, the cafeteria offered samples of new salads: broccoli/pear salad; 5 bean salad; edamame salad; carrot and raisin salad; and a deluxe horseradish coleslaw. The broccoli/pear salad won top billing and will be added to the menu!

In the hallway, different facts about NSLW were played daily on a widescreen computer monitor and foodservice staff wrapped up the week's activities by watching a comedic film clip, "Lunch Lady" with Adam Sandler.

Recipes Served:

- Vegetable and Fruit Smoothies
- Broccoli/Pear Salad
- Five Bean Salad
- Edamame Salad
- Carrot and Raisin Salad
- Horseradish Coleslaw



Pictured Above: Decker out in their "Our Cafeteria is a HOOT" apparel, the staff are ready to embrace NSLW!

